



Play. Train. Compete.

Summer Esports Camps

Metro can host 3 blocks of 4-week summer camp sessions. Our summer camp hosts about 12–15 “scholar gamers” per session. This allows for enough players to match 4v4, 5v5, and 6v6.

Class of 12 “Scholar Games”

Cost \$300 weekly—for one 4-week session

June 15–July 12 ■ July 13–August 9 ■ August 10–September 6

SAMPLE SCHEDULE

9 a.m. Physical Warm-up

- Hand and wrist exercises
- Seating, breathing, posture practice
- Yoga

10 a.m. Esports Warm-up

- Accuracy exercises
- Positioning
- Combo setups
 - > Fortnite: Weapon loadouts
 - > Overwatch: Team composition

11 a.m. Foxhole Buddies

(team up)

- Round Robin method
- Mix up teams

12 p.m. Lunch and Physical

Activities

- Outdoor and indoor activities

1:30 p.m. Class Time/Metagame

Development

- Time management
- Rage quit management
- Playbook review
- Map knowledge
- Watch film (replays of gameplay)
 - > Debriefing on performance

2 p.m. Running Drills

- Target practice
- Call outs
- Playbook implementation

2:15 p.m. Metro Customs

- Coach will set up a casual/competitive custom match
- Team captains
- Best of 1, 3, 5, etc., depending on the esports

3 p.m. Camp Ends

- Gamers can stay and play until 5 p.m.